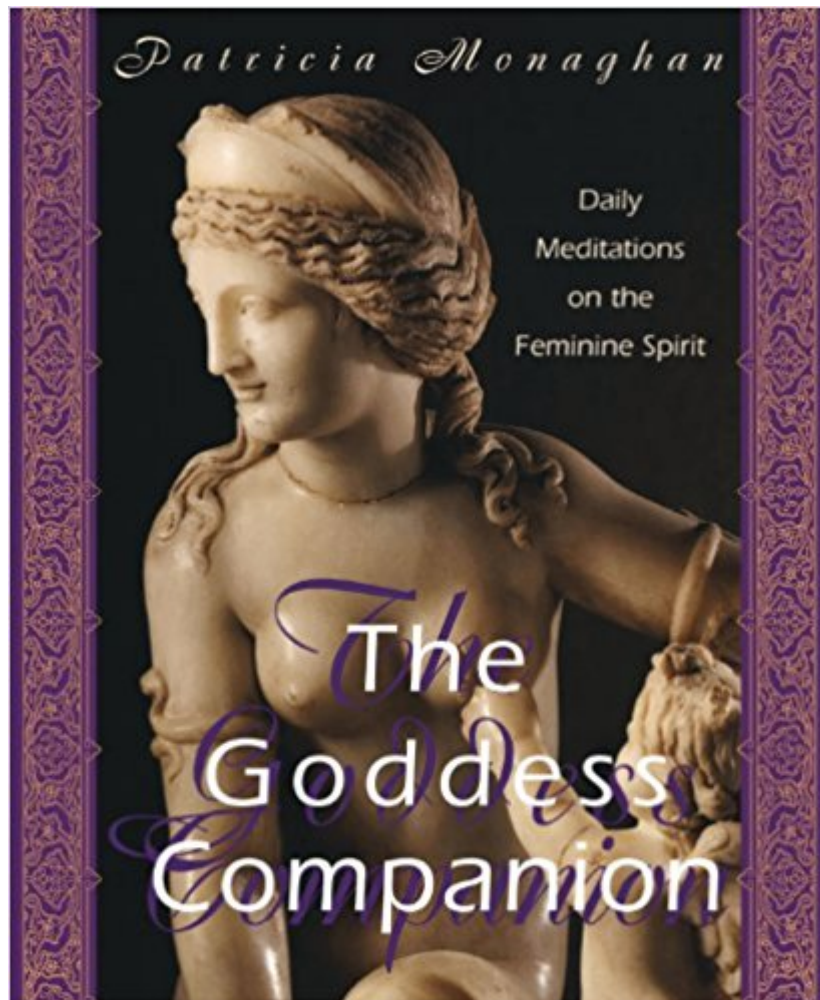




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# Goddess Companion: Daily Meditations On The Feminine Spirit



## Synopsis

Now you can turn every day into a day dedicated to the goddess and your own personal spiritual evolution, when you get *The Goddess Companion* by Patricia Monaghan. Turn to *The Goddess Companion* each day for a clearer insight into how the divine flows through your life. This spirit-nourishing collection of 366 authentic goddess prayers, invocations, chants, and songs was culled from dozens of diverse eras and cultures. Each ancient prayer rings out in clear language that maintains the sacred spirit of the originals. • A different traditional prayer, invocation, or chant to the goddess for each day of the year • Each is illuminated by readings about the ancient quote that offer rich material for reflection, inspiration, and bliss • Multiple indices allow you to find information by goddess name, subject, or cultural origin • Explore the goddess as envisioned by 68 different cultures throughout the ages—including the Americas, classical Greece and Rome, Asia, ancient Sumeria and Babylonia, Europe, the Middle East, and Africa • Find prayers that encompass nearly 130 aspects of the goddess, from Aida Weydo and Amaterasu to White Buffalo Calf Woman and Zemyna • Use the perpetual calendar to meditate upon one goddess prayer each day

*The Goddess Companion* does far more than simply give you meditations and prayers. The readings associated with each will give you incredible insights into a wide variety of cultures and, just as importantly, into your very nature. Written by one of the leaders of the contemporary goddess movement, *The Goddess Companion* will help you on your spiritual path to self-understanding.

## Book Information

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## Customer Reviews

Prayers, poems, and songs to the Goddess from around the world and across the ages have been collected and adapted for the modern devotee in *The Goddess Companion: Daily Meditations on the Feminine Spirit*. Author Patricia Monaghan offers a disparate meditation for each day of the year, including February 29--April 5 is a Lithuanian folksong; August 6 a quotation from Proverbs; October 17 a Korean shaman's chant. After each prayer there is a two-paragraph "thought for the day" in which Monaghan offers the reader philosophical observations or helpful advice designed to assist living and growing in the spirit of the feminine. The very pretty purple and gold-embossed cover makes it an excellent nightstand adornment, and the gentle meditations are a stress-reducing way to begin or end your day by honoring Her and Her spirit in yourself. --P. Randall Cohan

I'm sure you remember the story of the three blind men and the elephant. They each touch a part of the elephant and think that their description is complete. However, the only way to truly know what the elephant looks like is to take all of their descriptions together. Similarly, to know the goddess, it helps to see a wide variety of her many different faces. *The Goddess Companion* by Patricia Monaghan will help you explore a different facet of her glorious diversity every day. Each daily prayer, from ancient and traditional sources, and the accompanying reading, will allow you to meditate upon the divine lessons within our most powerful human experiences: creation, celebration, birth, beauty, abundance, loss, love, worship, and all the cycles of the seasons and our lives. *The Goddess Companion* fosters the connection between self and spirit, clearing a sacred space in your thoughts for new insights to take root and grow. When you take time each day to read these lyrical ancient prayers, you will recognize daily opportunities for spiritual change; and you will honor and nurture the divine feminine that dwells within. You must get *The Goddess Companion*

Patricia Monaghan's book is extraordinarily well-researched and translated. She has collected poems from across the globe of goddesses and translated them for our reference here. Each beautiful poem is accompanied by a small paragraph or two giving a little more insight to the goddess and the poem. Each day is has a single day, so you never have to worry about not having the time. It takes a few minutes to read a single page. I also greatly appreciate her index which allows you to search for a specific goddess or trait(e.g. prosperity, light,etc.). Any person interested in goddesses from around the world this book is a gem. Enjoy!

I have been reading the Goddess Companion and orienting myself to the many goddesses. This is a new endeavor for me so I will learn over time. But I truly love the daily meditations and the intertwining of goddess spirituality with reflections on nature. If I could make one suggestion it would be that there could be some kind of visual depiction of the goddesses. There are no drawings or pictures in the book. I think I could use a picture or drawing of the major goddesses to help me keep each one distinct in my mind and remember her special gifts. But other than that I think this book will be a true resource for years to come for me.

I've always wanted a "devotional" of sorts to fit my spiritual path, and this is it. Its passages are short and concise, the sources are cited, and it prompts deep thought for spiritual growth. Absolutely wonderful! I also recommend "The Goddess Path" by the same author

It took awhile for me to uncover this book, since at least one other author has written a book more recently with a very similar format. This may have been the first book of short, daily inspirational readings and quotations celebrating the diving feminine. ( or one of the first anyway )

This book focuses too much on the sexual aspects of the Goddess. I would have liked it better if there were a more balanced treatment.

this is a huge book. not a little table side daily meditation book.

This book has become a part of my daily morning ritual before preparing for work. I light a candle, read a passage from that day (each page is dated like a daily devotional--Beats Lighthouse Daily Devotions by a long shot!--close with an Amen and/or OM, blow out my candle and go about my day.

This book contains a nice variety of goddess prayers with lovely reflections and explanations for each prayer. A wonderful book for daily practice.

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